

CONTACT

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TRAVIS



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'Elephant Walk' showcased Travis Team



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On the Front Cover: — Think you may have heard what sounded like a stampede of elephants out on the Travis ramp? Actually it was the roaring engines of six KC-10s, three C-17s and three C-5s as part of the 'Elephant Walk.' In this awesome display of the Travis mission capability, all 12 aircraft launched on-time within a 25 minute window. The 'Elephant Walk' showcased our ability to come together as professional Airmen to answer our nation's call. Team Travis conducted the mass launch of mobility aircraft June 29, practicing the combat capability of safely and swiftly launching a large number of aircraft. (U.S. Air Force photo / Lt. Col. Robert Couse-Baker)

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Readiness - an all the time thing



by Col. Melvin Giddings, 349th Maintenance Group

You know all the high-profile tests of our readiness – the last-minute missions: Operation Neptune Falcon, Banner Express, C-5 Galaxy Retrograde and any and all mobilizations of our troops. The operations tempo shows no sign of slowing. These tests happen all the way down to the wing-wide Operational Readiness Exercises and Inspections, but as commanders and individuals, I believe we need to strive for more.

What I am talking about is everyday readiness. The message we send our Airmen can be extrapolated across all facets of airmanship and readiness.

Let's break it down.

Fitness: Are you fit to fight? Do you have a fitness plan in place in your everyday life? A healthy lifestyle is a balance in your physical, mental and spiritual well-being. Do you know your fitness test date and are you prepared for it?

Training: With every unit training assembly, our unit training managers update job training, ancillary training and proficiency in your Air Force specialty code. If you need to get computer-based training done, get it done. Know what you know and what you need to know.

Medical: Commanders are briefed frequently on medical statistics. These include dental, physical, immunization and medical profile reviews. There is constant visibility on medical readiness. When you sign in, you may be required to get an immunization or provide evidence of a dental visit. Have copies of your necessary documentation.

Security clearance: Secret security clearances need to be renewed every 10 years. Do you have all the necessary information for the renewal? Addresses and references are difficult to recall after several years. If you have a top secret clearance, the renewal time is much shorter and comes with several other requirements. Did you know if you hold a Top Secret clearance, you are supposed to notify the wing before international travel? Know your security responsibilities.

Readiness folder review: Check in with your unit deployment manager. Any last minute documents should be accomplished now. Information on next of kin, addresses, phone numbers, beneficiaries and dog tags should be in your readiness folder. Your readiness is high profile when short-notice taskings occur. There is very little time to react when the Air Force needs you. Your everyday readiness is the key to the wing's success.

Happy to be here, proud to serve



*by Chief Master Sgt. Sandra "Sunny" Santos,
349th Air Mobility Wing Command Chief*

I am excited to be part of the 349th Air Mobility Wing. Since my arrival at the wing, I have had the opportunity to visit several squadrons and meet some of you. I want to express my sincere thanks for making me feel welcome. I am impressed with the work that you are doing to serve the Air Force Reserve and our country. Being a traditional reservist myself, I understand the time and commitment it takes to make the mission a success. Many times, we give up special days with our family and friends, to be here on the UTA weekends. It takes dedication not only on your part but that of your families as well. I sincerely appreciate it.

As with all leadership positions, one of the most important aspects of my job as your command chief is to remove any obstacles or barriers that keep you from performing your duties, and accomplishing your mission. My door is always open. However, because there are so many of you and only one of me, I ask that you use your chain of command first. Give your leadership an opportunity to help you.

Being prepared for opportunities, keeping a tradition of excellence, and accountability, are important to me,

and I hope to you too. Those who do well in life are persistent in their ambitious pursuits. They don't react to opportunities, they're prepared for them. Maintaining a culture of excellence begins with choosing a positive attitude. Problems become opportunities to educate, mentor or guide others. Being accountable for yourself and others is not a negative thing. I'm a firm believer in being accountable for your accomplishments, as well as for your less successful achievements. We should all take responsibility for our mistakes as well as for those ventures we are most proud of in our lives.

As I settle in, I will be taking the opportunity to visit as many squadrons as possible. If you have questions or concerns, feel free to stop me in the hall or come by my office.

Why is it difficult to stay away from bad things?

*by Chaplain (Capt.) Matthew L. Ellis,
349th Air Mobility Wing*

Before you on the table is an empty cup. Well, it really is not empty, it is actually full of air. How could you get the air out of the cup? Being in a technologically sophisticated society, we could create a vacuum device to suck the air out. But this cup is not designed for that and would end up shattering. So, how can you get the air out of the cup and keep it from breaking? You fill it with water.

Consider that your life is that cup and the air within embodies the things you no longer want in your life. Perhaps guilt or shame? Depression or loneliness? Stress or anxiety? Addictions or other unhealthy, compulsive behaviors? If you reflect upon your life right now, what 'bad air' can you get rid of so you can be ready for what life might bring you? The bad can be removed and your life can be transformed! Whatever has held you back for so long can be pushed out of your life by adding what is right and better.

Perhaps you have tried to rid your life of these things in the past and failed. I know there have been things I have tried to 'suck out' of my life. Going 'cold turkey,' and not putting better attitudes, actions, thoughts, and peers into your life, didn't work. Too often we 'commit' to stop something only to fall right back into it or something equally destructive, a short time later. Why is it difficult to keep away from these bad things?

Picture a bucket buried in the wet sand of a beach. Just by the shore, its rim comes just above the sand. Inside this bucket is sand and flotsam and jetsam, washed in by the sea. You can shovel this sand out, but once the tide comes back in, the sand fills the bucket right up again. This captures how it often is in our lives. We shovel out something bad, but with nothing new and better to take its

(See COLD TURKEY on next page)

349th Civil Engineer Airman named Air Force Reserve Command Firefighter of the Year

Lt. Gen. Charles E. Stenner, Jr., Commander, Air Force Reserve Command, named Senior Airman Jamie Daneille Perkins, 349th Civil Engineer Squadron, Fire & Emergency Services Flight, as the AFRC Firefighter of the Year, military category. July 18.

“Senior Airman Perkins’ work ethic and integrity present itself more and more with every task she takes on and accomplishes, giving 110 percent in everything she does,” said, Tech. Sgt. Josh LaRoe, 349th Fire Emergency Services Flight. “She is a self-motivated natural leader which makes it an absolute pleasure to have her on our team. I have no doubt that Jamie will have a profound impact on the 349th Fire Emergency Services flight and will consistently lead by example. I look forward to seeing her advance in her career with the Air Force, and I have no doubt she will do so with as much passion as she has exhibited up to this point,”

Perkins is from Greensboro, North Carolina and has been a member of the Air Force Reserve since October 2010.



(U.S. Air Force photo/Tech. Sgt. Rachel Martinez)

COLD TURKEY...

(Continued from previous page)

place, the tide comes back, washing back in the same filth.

How can you ‘keep the sand out of your bucket?’ How can you ‘get the air out of your cup?’ Thinking back on your life, what needs to be removed, what personal discipline can you *add* to push out the bad things? It may take time and reflection, but is well worth the new-found joy in your life. Spend the time needed to reflect, examine, and ask others what disciplines you can add to conquer the old strongholds.

As a Christian chaplain, I like how the Apostle Paul, in Philippians 4:6-8, reminds us not to be anxious about anything, but then goes on to share how we need to add things into our life to make this happen! He specifically points out prayer, petition, thanksgiving, and a mind that is focused on what is true, noble, right, pure, lovely, admirable, excellent, and praiseworthy. By doing this, Paul says that God’s peace will guard our hearts and our minds.

As the summer winds down and our operational readiness exercises wind up, I encourage you to actively think of what you need to put into your life to ‘push out’ what you want gone. Equate it to your total fitness. What new physical, mental, social, emotional, or spiritual disciplines do you need to add? Take the time and make the effort to be ready for whatever life brings you. Grow in the strength and maturity you want to see in your life. Become the person you were made to be and enjoy life to the fullest!

Celebrating Women's Suffrage

Submitted from
349th Equal Opportunity,
by Tech. Sgt. Michael Lee, 452nd AMXS

“Modern invention has banished the spinning wheel, and the same law of progress makes the woman of today a different woman from her grandmother.”

-- Susan B. Anthony

We observe Women's Equality Day Aug. 26, 2012, a day to when this country celebrates women's suffrage. As with most celebrations, let's take a moment to reflect on the importance of the event and the significant roles Americans played in this movement.

To better understand what we are celebrating, I asked a number of people in the 349th Air Mobility Wing the meaning of the word, suffrage. I asked a cross section to include Airmen of various ranks as well as civilians. As a good equal opportunity observer, I considered demographics that included the Baby Boomer generation (1943-1960), Generation X (1961-1981), and Generation Y (Millennial 1982-2004.)

The answers varied. So, I wanted to take this opportunity to better educate us all.

Women of the Lost Generation, from 1883-1900, laid the foundation for the 1901-1924 G.I. generation that followed. Their efforts to gain the right to vote included organizing, petitioning, and picketing. According to documents of the U.S. National Archives and Records Administration, starting in the mid-19th century, several generations of woman suffrage supporters lectured, wrote, marched, lobbied, and practiced civil disobedience. This achieved, what some considered, a radical change in the Constitution, giving women a voice in the electoral process.

Militant suffragists used tactics such as parades, silent vigils, and hunger strikes. Women suffered many indignities and injustices in their struggle for rights and privileges which inherently, belonged to them as citizens. The Document of Sentiments, framing their complaints and demands for equality, was signed by 68 women and 32 men at a women's rights convention in Seneca Falls, NY, in 1848. Some of the sentiments, or deprivations, as they were, included:

- Right to Vote;
- Equal protection under the law
- Freedom from chastisement
- Access to college education
- Live with independence, confidence, and self-respect.
- Voice in formation of laws
- Rights in property/wages earned
- Taxation and representation
- Subordinate assignments in church/state



Courtesy photo

(See SUFFRAGE on Page 9)

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Former 349th Mission Support Group Deputy Commander moves up, moves on

Brig. Gen. John C. Flournoy, Jr., Commander, 349th Air Mobility Wing, pinned on Col. Connie Jenkins' eagles in June. The former Deputy Commander of the 349th Mission Support Group, Jenkins was promoted to O-6 and also was selected as the Mission Support Group Commander for the 934th Airlift Wing, Minneapolis-St. Paul International Airport Air Reserve Station.



U.S. Air Force photo/Lt. Col. Robert Couse-Baker

749th AMXS chief retires with a splash



Here, the U.S. Navy retired the U.S. Air Force, when Chief Master Sgt. Kevin M. Waddle, 749th Aircraft Maintenance Squadron, retired with 32 years service July 21.

Waddle was retired by his son, Lt. J.G. Elijah J. Waddle, USN. The Chief spent most of his colorful career at Travis, and remains on duty as the civilian Superintendent of the 60th Maintenance Group.

945th AMXS commander retires

Col. Nancy Brooks, 349th Mission Support Group commander, along with Amanda Richert, daughter of Lt. Col. Siegfried Richert Jr., were on hand to help celebrate during his retirement ceremony July 22, here. Richert, 945th Aircraft Maintenance Squadron commander, retired after 28 years of service with the U.S. Air Force.



U.S. Air Force photo/Tech. Sgt. Rachel Martinez

349th AMXS Chief says farewell after 30-plus years



Maj. Michael Savitsky, 349 AMXS commander, congratulates Chief Master Sgt. Mike Protsman, 349th AMXS superintendent, after presenting him the Meritorious Service Medal at his retirement ceremony. Chief Protsman is retiring from the Air Force Reserve after 31 years of service, with nearly 24 years serving the 349th maintenance community.

U.S. Air Force photo/Master Sgt. Robert Wade

349th FM closed Saturday B-Flights

The 349th finance office will be closed on Saturday B flight from 1:00pm - 4:30pm for ORE/ORI training. FM will be open all day Sundays to service newcomers, medical group and other units. If special accommodations need to be made for FM to be open Saturday afternoon due to an exercise, deployment, or other such items, please contact Maj. Dingman, 424-5430.

Are you registered to vote?

During the 2012 election cycle, a number of important offices will be decided by voters, including: President and Vice President; 33 Senate seats; 435 House of Representatives; governorships in 11 States and 2 U.S. territories; state and local offices.

It is important that you exercise your right to vote! Every vote counts. In order to help better navigate the voter registration process, the Federal Assistance Program has created an online voter assistant program. Go to www.fvap.gov and click on the "Online Registration/Absentee Ballot Request Wizard" link on the front page (right side about half way down, marked with a "new" graphic).

If you have any questions, please contact your wing voting assistance officers: Maj. Eric Garcia-

eric.garcia@us.af.mil or Maj. Torri Crosby-
torri.crosby@us.af.mil. The Travis Air Force Base Voting Office is also available to help. Call 707-424-8888 or email them at vote.travis@us.af.mil.

Upcoming Yellow Ribbon Events

The upcoming Yellow Ribbon Events is being hosted in Tucson, Ariz., August 17-19. This program was initiated to provide proactive outreach programs through all phases of deployment cycles. The program's goals are to prepare members and their families for mobilization, sustain families during mobilization, and reintegrate service members with their families and communities upon return from deployment.

Airmen who have deployed for 90 days or more—or are projected to deploy—are eligible to attend. They are put on orders and are compensated for food and travel expenses for themselves and their families. Free child care is also provided, and attendees sometimes have chances to win free prizes, at no expense to them.

For information or to register, contact Senior Master Sgt. Andrew Piehl, 707-424-3517 or visit www.yellowribbon.mil.

Upcoming Yellow Ribbon Event:

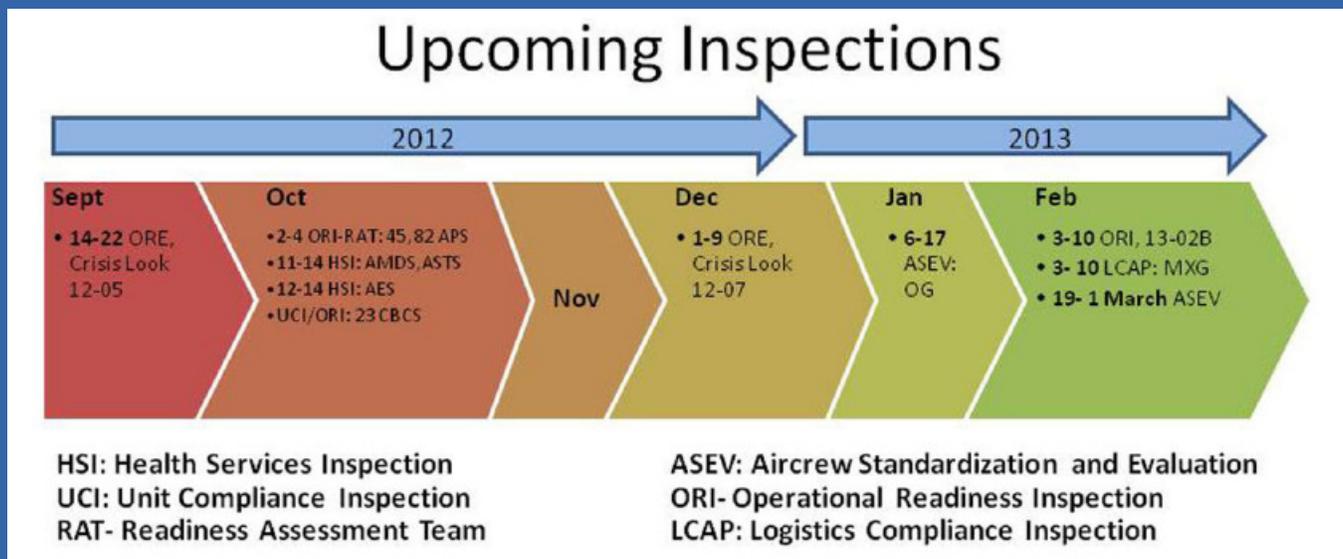
- September 14-16 – Salt Lake City, Utah

Count down to ORI - Feb 2013

The 349th and 60th Air Mobility Wings will combine forces for the next ORI Feb. 3 – 10, 2013. In preparation, more than 300 members of the 349th will deploy to Travis Base X Sept. 14-22, 2012, in an Operational Readiness Exercise.

Be ready to meet the challenge and take this opportunity to demonstrate our greatest readiness capability to meet the most stringent tasking. The key to success lies in our mindset and preparation.

For questions or tips on how you can better prepare, contact Maj. Bill Westfahl, 349th Operations Support Flight ORE/ORI planner and guru, at 707-424-3231.



Keeping the campaign current and relevant for the generations of women to follow must have worked; Congress passed the 19th Amendment to the U.S. Constitution Jun. 4, 1919, and it was ratified Aug. 18, 1920. The Secretary of State certified the ratification of the Constitution Aug. 26, forever changing the face of the American electorate.

Definitions of particular words may be lost to generations today, but we as a nation, and Air Force, continue to celebrate this event annually to honor all those, but especially women, who fought for passage of the 19th Amendment; *the right to vote*. We need to know that women of the G.I. generation continued their quest for equality. On Sept. 22, 1922, the Married Women's, or Cable Act, was passed by Congress — preventing women from losing their citizenship upon marrying a foreign national. In 1923, the Equal Rights Amendment was introduced to Congress. A singular battle, this amendment didn't pass right away. It was reintroduced in every session of Congress for 49 years, until it was passed in reworded form in 1972. It never received the two-thirds ratification to become a constitutional amendment.

Women, as a whole, have not forgotten the lessons from past generations, in exercising their right to vote. Today, women make up the majority of the voting population, estimated at 55 million. The success of their steadfast efforts is evidenced in the passage of more laws that greatly impacted their quality of life, including The Pregnancy Discrimination Act; Child Support Enforcement Act; The Violence Against Women Act; The Family and Medical Leave Act; The Women's Business Ownership Act; The Retirement Equality Act; and The Commission on the Advancement of Women and Minorities in Science, Engineering, and Technology Development Act, among others. At the end of the 111th Congress Jan. 3, 2011, Senator Robert Menendez of New Jersey symbolically introduced ERA and has supported it in current session.

It was Susan B. Anthony who said "[T]here never will be complete equality until women themselves help to make laws and elect lawmakers." Although she didn't live to see the passage of voting rights, she inspired later generations of women to take up her torch and support suffrage and women's rights. Let us remember, and celebrate!

For more information on Suffrage or women's issues visit the National Women's History Project at: www.whp.org



CHIEF MASTER SERGEANT

GIPSON, DANTON V., 79th ARS



SENIOR MASTER SERGEANT

MINNIS, MARSHALL G., 945th AMXS
VAN MEERTEN, DWAYNE M., 349th OSF
CARBULLIDO, DARRELL G.J., 349th AMXS



MASTER SERGEANT

DILLON, RITAA., 301st AS
STEPP, LARISA M., 349th AMOS
SMITH, SHAWN E., 945th AMXS

ENLISTED PROMOTIONS



TECHNICAL SERGEANT

HACKWORTH, JOSHUA R., 749th AMXS
DUARTE, DANIEL B., 349th MXS
RABINE, JOHN T., 349th MXS
KOCH, FREDERICK R., 349th AMOS
THOMAS, TRICIA S., 349th FSS
PALACIOS, MELISSA, 349th FSS
VIRATA, EUGENE, 349th ASTS



STAFF SERGEANT

YOUNG, JEREMY W., 23rd CBCS
VALENTINE, JOEL R., 349th AES
BARQUEL, REYNALDO Q., 349th CES
BARKUS, WILLIAM J., 349th AMXS

Effective July 2012 or earlier.

Two 82nd APS senior NCOs retire during UTA

Senior Master Sgt. Rodney Metoyer, 82nd Aerial Port Squadron Chief of Operational Readiness, and Senior Master Sgt. Leroy Cyr, 82nd APS Air Freight Superintendent, receive American flags from members of the Travis Air Force Base Honor Guard on the occasion of their retirement during a ceremony July 21, at Travis Air Force Base, Calif.



U.S. Air Force photo/Tech. Sgt. Rachel Martinez

349th Wing Traditional Reserve Vacancies

AFSC	AFSC Title	Rank			
11G3	Generalist Pilot	Officer	44F3	Family Physician	Officer
11M3K	Mobility Pilot, General	Officer	44M3H	Internist	Officer
11M2A	Mobility Pilot, General	Officer	44Y3	Critical Care Medicine	Officer
11M3S	Mobility Pilot	Officer	45S3B	Surgeon	Officer
11M3Y	Mobility Pilot	Officer	46A3	Nurse Administrator	Officer
1A151	Flight Engineer	SSgt/TSgt	46F3	Flight Nurse	Officer
1A251	Aircraft Loadmaster	SSgt	46N3	Clinical Nurse	Officer
21A3	Aircraft Maint	Officer	48A3	Aerospace Medicine Sp	Officer
2A571	Aerospace Maint	TSgt/MSgt	4N071	Aerospace Medical Svs	TSgt/MSgt
2T251	Air Transportation	SSgt	4N091	Aerospace Medical Svs	SMSgt
2T271	Air Transportation	MSgt	8F000	First Sergeant	MSgt
2W071	Munitions Systems	TSgt	5J051	Paralegal Assistant	SSgt
3E451	Utilities Systems	SSgt	52R3	Chaplain	Officer
3E651	Operations Management	SSgt			
3D073	Cyber Security	TSgt			
3M071	Services	MSgt			
3S271	Education & Training	SSgt/MSgt			
3P051B	Combat Arms	SSgt			
41A3	Health Services Admin	Officer			
43H3	Public Health	Officer			
43P3	Pharmacist	Officer			

349th Wing Full-Time Vacancies

UNIT	GS/SERIES	TITLE	VAC
349 AMW	GS-2181-13	Airplane Flight Ins/Read	ART
45 APS	GS-0303-07	Resource Mng Assist OA	ART
23 CBCS	GS-0335-07	Computer Assistant	ART
23 CBCS	GS-2210-09	IT Specialist (Network)	ART
349 AMXS	WG-2610-12	Elect Int Sys Mech	ART
349 MXG	WG-2892-11	Aircraft Elect Work Insp	ART

For more information about these vacancies, go to www.afpc.randolph.af.mil.

Wounded warrior receives multiple awards

349th Air Mobility Wing commander, Brig. Gen. John C. Flournoy, Jr., and 60th Air Mobility Wing commander, Col. Dwight C. Sones, present the Air Force Flight Engineer of the Year Award to Master Sgt. James Davis, July 17, at the base theatre. For the full article visit www.travis.af.mil/news.



U.S. Air Force photo/Ken Wright

349th Wing Employer Appreciation Day August 19

The 349th Air Mobility Wing conducts its annual Employer Appreciation Day, Sunday, Aug. 19. Participating civilian employers will have the opportunity to see firsthand the unique ability of Travis Air Force Base to deliver America's hope and might around the globe.

All applications have been received and your employers have been asked to plan to arrive at the base Visitor Center between 7 and 7:45 a.m. the day of the event. The program will begin with sharing a little about our mission and the people who make it happen. Then the nominated employer will fly aboard a C-17 Globemaster III, C-5 Galaxy or KC-10 Extender during a routine aerial refueling mission. After landing at about 12:30 p.m., 349th Wing member will meet or a unit representative will be there to take the employers for an informal tour of their employee's work center.

During the day, volunteers of the California chapter of Employer Support of the Guard and Reserve will offer employers the opportunity to sign a personal Statement of Support. By signing and displaying this non-binding personalized statement they will acknowledge their support for the Air Force Reservists who provide so much to our armed forces.

The ESGR Statement of Support is entirely voluntary, and not a prerequisite for participation in the flight.

For advance planning, please ask your employer to consider the following recommendations: Comfortable, casual attire with sensible shoes is best. Ties, skirts and dresses are not recommended. Even though it's summer, bring a light jacket, as it can be cooler on a military aircraft than an airliner. Ensure their photo ID, car registration and proof of insurance are current. Cameras and video cameras are welcome and as there will be many opportunities to take pictures.

Employers have been asked to RSVP by August 15th to 349amwpa@us.af.mil, or 707-424-3936. Please feel free to contact the 349th Public Affairs office at 707-424-3936 if you have questions.

Feds Feed Families Food Drive

Help Feed Families this August! Feds Feeding Families kicks off this month at Travis AFB to collect food for those in need. From now until August 29, federal employees across the nation will work together to collect non-perishable food items to donate to local food banks. The Air Force goal is to collect 348,000 pounds of food. That is only 2 lbs per person!

The 349th Air Mobility Wing will have a drop-off box in the main foyer of the headquarters building. There will also be collection points at the PAX terminal and commissary. Items needed include canned fruits and vegetables, multigrain cereal, grains, canned proteins, soups, juice, condiments, snacks, baking goods, hygiene items, household items and paper products.

Please donate if you are able and help Team Travis make a difference in the local area!

What to bring: Any non-perishable food items

Where to drop-off: 349th Wing Headquarters Building, PAX terminal or Commissary

When: August A-Flight and B-Flight UTA

Please contact Maj. Torri Crosby, 424-3936 or Tech. Sgt. Norma Rodriguez, 424-3922 for additional information.





Save the Date for the 2012 Viking Challenge



- ◆ **Who:**
 - 8-10 runners per relay team → Invitations to the 621 CRW, 60 AMW, 349 AMW, 9 RW, Travis AFB Honorary Commanders, local ROTC and firefighting units
- ◆ **What:**
 - 12 Hour relay race → 1 mile/runner at a time
 - 5K Run
 - 400M Kids Fun Run
- ◆ **When:**
 - Saturday, 6 Oct 2012, 0700-1900 (12 Hr relay start)
 - 0900 / 1500 - 5K Starts
 - 1000 / 1600 - Kids Fun Run Starts
- ◆ **Where:**
 - Vanden High School Track
- ◆ **Why:**
 - Raise funds for the Travis Fisher House, a home away from home for families that have members hospitalized at DGMC
- ◆ **How:**
 - Runners collect flat rate donations or per mile pledges

Please contact Capt Dan McVay(424-2850) or Capt Scott Byrum(424-7446) with any questions or to sign up

Visit the 349th Wing Web page:



Visit the 349th Facebook page:

