



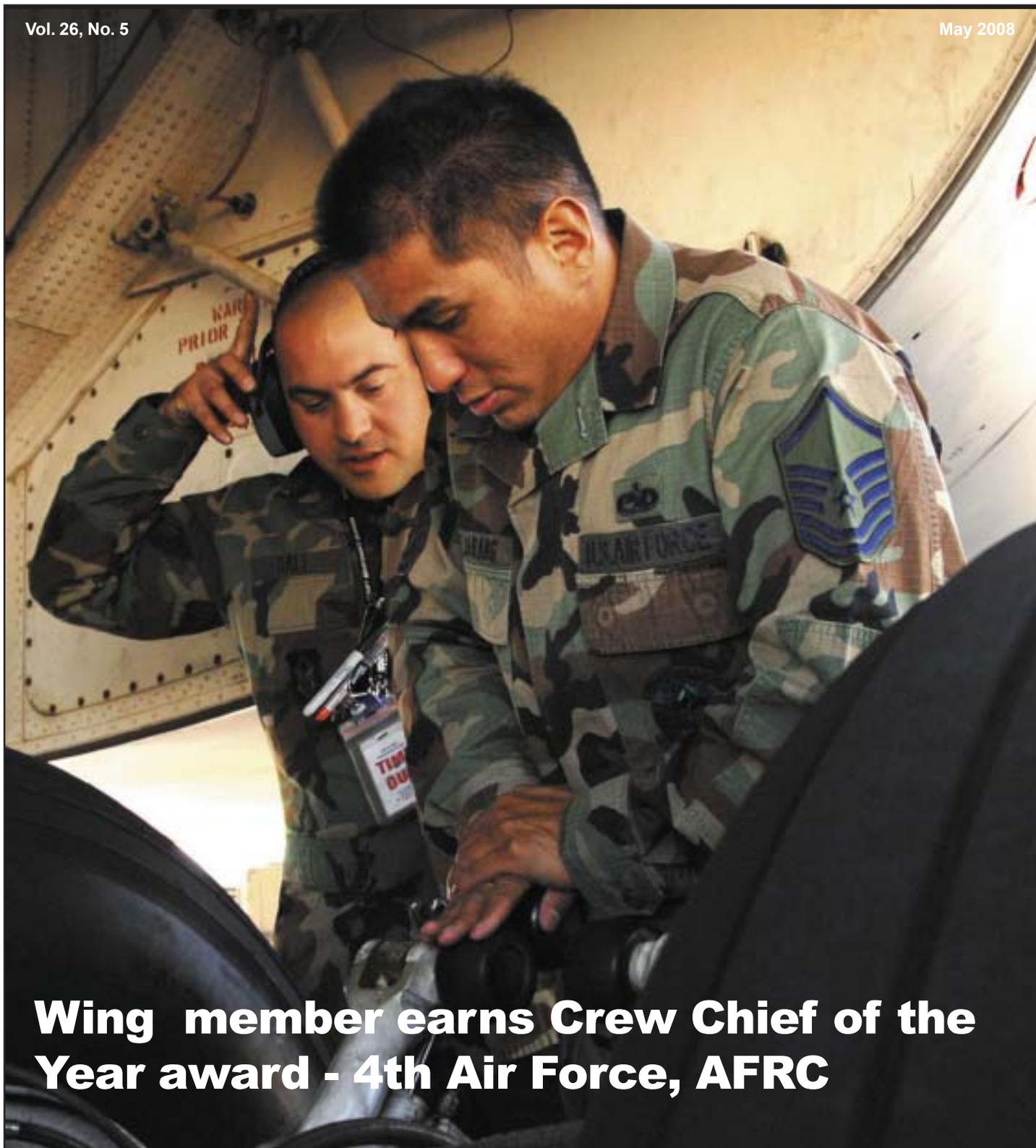
# CONTACT



Magazine for and about Air Force Reserve members assigned to the 349th Air Mobility Wing, Travis Air Force Base, California

Vol. 26, No. 5

May 2008



**Wing member earns Crew Chief of the Year award - 4th Air Force, AFRC**

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Lefty, loosey: Master Sgt. Kevin Fejarang helps Staff Sgt. Alfred Hall work on the landing gear of a C-5 Galaxy. Both are crew chiefs in the 349th Aircraft Maintenance Squadron. Sergeant Fejarang has earned the Crew Chief of the Year award for being the best crew chief in 4th Air Force and then Air Force Reserve Command.



Cover photo by Tech. Sgt. Tony Castro, 349th Public Affairs



349th Air Mobility Wing  
Office of Public Affairs  
520 Waldron Street  
Travis AFB, CA 94535-2171

Office Hours:  
Monday - Friday and UTAs  
7:30 a.m. - 4:30 p.m.  
Phone: (707) 424-3936  
FAX: (707) 424-1672

#### Commander

Col. Marianne Miller

#### Chief, Public Affairs

Maj. Robert Couse-Baker

#### Deputy Chief, Public Affairs

Ronald C. Lake

#### Editor

Patti Schwab-Holloway

#### Public Affairs Staff

Capt. Robin Jackson  
Master Sgt. Wendy Weidenhamer  
Technical Sgt. Mary Beth Bemis  
Technical Sgt. Tony Castro  
Staff Sgt. Meredith Mingledorff

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# “Me and my shadow” - the mentoring process

**M**entoring for success brings two questions to mind, “will mentoring be part of your legacy?” and “who is shadowing you or who are you shadowing?”

Mentoring is a two edged tool for building tomorrow’s Air Force. Use it to develop your own skills and to develop the skills of those who follow you. It is a process tool that the Air Force can use to mentor a less experienced Airmen, sometimes called by senior leadership, their ‘protégé.’ Meaning a person guided and directed by a more prominent person, with the intent that they may one day take their place, or be positioned to take a position of their choosing.

The Air Force is renowned for it’s Professional Military Education programs, the accredited Community College of the Air Force, along with the very strong and varied technical schools available and on-the-job training programs offered, but still,

they won’t tell you everything you need to know to excel at a job. Mentoring is what fills in the gaps of formal education; it is a supportive relationship established between two individuals where knowledge, skills and experience are shared. It helps our military members at all levels integrate text book knowledge, publications, regulations and Air Force instructions with real world assignments, creating tremendous growth opportunities and a greater chance for success.

Today’s young Airman, should consider seeking out people they admire, or those that are successful in a career that they aspire to advance in. Spend time observing and listening to someone who is doing a job you want to do someday. You’ll learn things you can learn no other way. When you have a mentor – someone you trust and admire – you can ask the tricky questions.

The success of today’s 349th Air



**By Command Chief Master Sgt.  
Christine A. Taylor**

Mobility Wing obliges today’s leaders to pass on this legacy to those who will replace us. There’s no pre-qualification to be a mentor, but there are responsibilities - mentoring is not a passive experience. You need to “check-in” with your mentee and find out how they are progressing. Ask yourself and review with them, if they are on track; ask if they are seeking opportunities and then help create opportunities for them. Some days you’ll need to be a coach, others a teacher, but mostly be supportive.

(See Mentoring on Page 4)

## Do not try this on your own

*by Chaplain (Maj.) LaBane Hall  
349th Air Mobility Wing*

**I** was reading scripture with my sons and the words being read discussed the various types of sacrifices that were done by the Israelites after they had left Egypt. These included sin offerings, guilt offerings, fellowship offerings and grain offerings. The instructions included what to do with the blood of the animal, kidneys, liver, fat, head and more. These descriptions went on chapter after chapter. On the third night of the reading, my 11 year old son had had enough, “Dad these verses are a little much for me, they make me a bit queasy and I really don’t want to hear about what they did with the blood and stuff, even if it was in obedience to God.”

The next day, my civilian job coworker said that they were not happy with what they were about to do.

They had to make a phone call that would give bad news. They might get yelled at, cussed out and possibly threatened. Yet, they made the call in the dedication they had toward their job.

While I was writing this and listening to a radio station, I heard a phone call from a mother of a soldier who just arrived in Iraq for another tour. She said how proud she is of her son. How she will worry every day about his safety, but how her love for her country and how much he loves his country will give her strength, courage and pride each day.

Obviously, we all have to do things we do not like or want to do. Yet we do them anyway. For many, it is due to a strong sense of commitment to something greater than themselves.

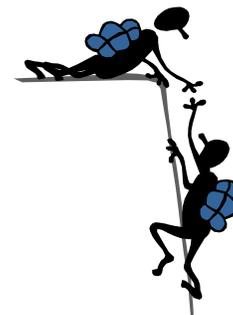
When that strength and commitment wavers due to any number of reasons we can catapult into depression, rage, fear and much more. It may make us physically sick or induce immobility.

So what do you do when your faith and your commitment wane and are ready to topple into oblivion? Honestly, I believe this is one of the most poignant times in someone’s life. I believe God will meet you in the depths of despair and difficulty and provide a peace and comfort never known before if you allow it.

Also, you can seek solace from others

including chaplains, counselors, friends, family coworkers and Military One Source. Everyone does not always say the right things, they may even make it worse, but I encourage you NOT to try to do it on your own.

I don’t know how long it will be before our family scripture reading gets to the book of JOB as I want my sons to hear of the incredible difficulties he experienced including the loss of family, wealth and prestige. How his family and friends came to provide a balm in times of trouble and were actually a thorn in his side. Even more, I want them to hear how he kept strong in his faith and persevered through the anguish and sorrow. In the end, he received more than he had before his troubles. Whatever you are experiencing may you reach through the pain and the tears and attain happiness and joy. God’s blessings to you and yours!



# Asian Pacific American Heritage Month

by Staff Sgt. Tamara Potier  
349th Military Equal Opportunity

May is the month our great nation celebrates the contributions and heritage of Asian Pacific Americans. This year's theme is *Leadership, Diversity, Harmony – Gateway to success.*

Asian Pacific American Heritage Month began as a weeklong celebration during the first week of May. Legislation through the House of Representatives petitioned in 1977 to recognize Asian Pacific American heritage and the official week was signed as Joint Resolution 72 by President James Earl Carter, Jr. Oct. 5, 1978. On Oct. 23, 1992, the week was extended through the month of May by President George H. W. Bush.

May is significant because it commemorates the immigration of the first Japanese to the United States on May 7, 1843. May 10, 1869 is also the historical completion date of the transcontinental railroad in which the majority of the workers were Chinese immigrants.

The ethnic representations of Asian Pacific Americans are vast. It is estimated that over 14 million Asian Pacific Americans live within the United States and have origins that include the Philippine Islands, Samoa, China, Cambodia, Indonesia, Tonga, Vietnam, Thailand and Laos. As a result, American culture has been greatly influenced in all areas through the diversity of Asian Pacific Americans. In honor of such great Americans, here are some famous firsts by Asian Pacific Americans:

·Young Oak Kim, 100th Infantry Battalion Commander - 1943

·Patsy Takemoto Mink, U.S. Congress Representative, Hawaii - 1964

·Julia Chang Bloch, U.S. Ambassador, Kingdom of Nepal - 1989

·George R. Ariyoshi, Governor, Hawaii - 1974

·Norman Yoshio Mineta, Mayor, San Jose, California - 1971 and Secretary of Commerce - 2000

·Ellison Onizuka, Astronaut - 1985 and Challenger casualty - 1986

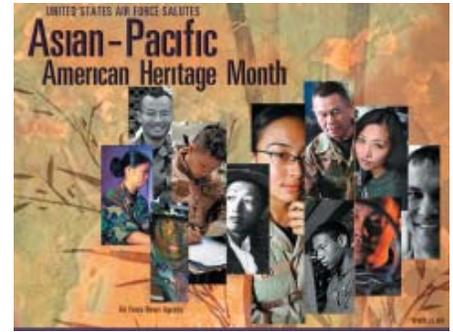
·Katherine Sui Fun Cheung, Aviator - 1932

·Flossie Wong-Staal, Cloned AIDS virus - 1984

·Anna May Wong, Actress - 1920's

·Haing Ngor, Academy Award Winner, *The Killing Fields* - 1984.

In honoring some of the famous Asian Pacific American firsts, it is my hope that you are challenged to learn more about the leadership, diversity and harmony that is the legacy of Asian Pacific Americans that continue to shape American culture. Some online resources are: Pacific Islanders' Cultural Association at [www.pica-org.org](http://www.pica-org.org); Federal Asian Pacific American Council at [www.fapac.org](http://www.fapac.org); Asian American Journalist Association [www.aaaja.org](http://www.aaaja.org); and Asian Nation at [www.asian-nation.org](http://www.asian-nation.org).



## Mentoring...

(Continued from Page 3)

Along with the 349th wing commander, Col. Maryanne Miller, I feel very strongly about the mentoring program.

So much so, that we have included it in the 349th AMW Strategic Plan, complimented by a shadowing opportunity open to all members of the wing. The program will give young airmen and senior leadership alike the chance to experience a day with the 349th wing commander, the 349th vice commander and the 349th command chief. For more information on this program see the senior leadership in your squadron. This same shadowing model is already available to you at your squadron level in many cases.

It is the moral responsibility of all senior noncommissioned officers, to incorporate the mentoring process into their development plan for their junior airman, because mentoring of our young people is our legacy. Most anybody who advances through the steps of leadership can tell you without pause who their mentor was;

many will cite more than one mentor. My mentor was Chief Master Sgt. (retired) George Ingle, formerly assigned to the 47th and 82nd Aerial Port Squadrons. He was a quiet, yet very effective, mission oriented, successful and respected chief. He understood the needs and the power of the people and the importance of the mission. I so admired him and I still do today. I shadowed him when he was a first sergeant; then I became a first sergeant. I shadowed him when he was a squadron superintendent; then I became squadron superintendent. I shadowed him when he was a chief; then I became chief.

Your example does not need to parallel as closely as mine did, plus I have many other mentors along the way. But learning from someone who does what you aspire to do will help you become what you want to be.

I credit the privilege of being the 349th AMW Command Chief, to several past mentors I've had over time. But the most impacting in preparing for the challenges of this specific role, was the former 349th AMW Command Chief and current 4th Air

Force Command Chief Patricia Thornton. You can count the people she has mentored if you hear the phrase "get comfortable with being uncomfortable," you know she was a part of that person's development - now that is a powerful legacy.

Even today, when I get stuck, I ask myself what my mentor would have done. My mentors take turns being my shadow, they are always with me. Their examples still help me as I continue to grow. My mentor is part of my support structure, and a part of my foundation.

There's no time like today to get involved, be someone's shadow – for your future and the future of America's Air Force. Think about the last paragraph of The Airman's Creed, "*I am an American Airman: wingman, leader, warrior. I will never leave an airman behind, I will never falter and I will not fail.*"

It is your mentoring that makes you a wingman, capable of being both a leader and warrior, use it to bring today's airmen along and I guarantee you "...will not falter and you will not fail."

# 349th medical folks - 'all that'

by Tech. Sgt. Mary Beth Bemis  
349th Air Mobility Wing

An air of exuberant joy was felt in the 349th Aerospace Medicine Squadron office on Sunday, March 16. The results were in -- all their dedicated work had really paid off.

"Everybody is ecstatic because this just validates all of our hard work," said Senior Master Sgt. Fe Felipe-Cubacha of the 349th AMDS.

"We received an outstanding evaluation, a 95 percent overall from the Health Services Inspection team," she said.

"We will continue to maintain our excellence, but there is always room for improvement," said Sergeant Felipe-Cubacha.

The posted quality policy of the 349th AMDS encourages each member of the unit to take ownership in ensuring that they provide superior quality through individual commitment. Their goal is to create a culture of excellence and use clear

process measures to achieve their performance targets.

"Our vision is to develop the next generation of leaders in health services dedicated to our customers' needs through innovative and supportive strategies, while maintaining a mission ready force," said Col. Mark A. Weiner, commander, 349th AMDS.

"Active duty adopted a standardization of sustained performance," he said. "So the same philosophy has been implemented into the 349th AMDS."

The main responsibility for AMDS is the medical readiness of the 3,400 members of Team Travis.

"Our unit is responsible for all physical exams," said Colonel Weiner, "and Travis Air Force Base has one of the largest reserve populations. This tends to be a challenge with only 12 providers to see all the reservists," he said.

Both Colonel Weiner and Sergeant Felipe-Cubacha agreed that the Staff Assistance Visit done by 4th Air Force earlier this fiscal year allowed the 349th

AMDS to get to where they are today.

"The SAV provided us with an inventory of tasks," said Colonel Weiner. "It helped us to set goals and give the team direction."

There have been many noticeable changes within the AMDS since Colonel Weiner took over command a little more than a year ago. The most significant is a 20 percent increase in personnel training and readiness.

The medical group is detail oriented, and the team not only prepares for each Unit Training Assembly, but also has to close out after each UTA.

"Back-to-back UTAs are tough," said the colonel. "But we have a very dedicated staff. Additionally, with the support of the unit commanders and the help of the unit health monitors, stats have gone up over the past six months.

"We are getting the support and 'buy-in' from the ground level, which is providing empowerment and ownership across the wing," said Colonel Weiner. "We're in a very good place right now."

## Transitional medical benefits can help bridge gap

Each year thousands of servicemembers separate from the service before they are eligible for retirement. Making the transition from military to civilian can be a challenge, but there is support to help servicemembers and their families meet their health care needs.

"As our warriors transition from the sacrifices of serving their nation, we don't want them to have to worry about having health coverage," said Army Maj. Gen. Elder Granger, the deputy director of the TRICARE Management Activity. "These programs are here to help bridge the gap between military health benefits and a civilian health plan."

The Transitional Assistance Management Program, or TAMP, provides 180 days of transitional health care benefits to certain uniformed services members and their families, if the servicemember is:

- Involuntarily separating from active duty under honorable conditions.
- A Reserve member separating from

active duty after a period of more than 30 consecutive days in support of a contingency operation.

— Separating from active duty following involuntary retention (stop-loss) in support of a contingency operation.

— Separating from active duty following a voluntary agreement to stay on active duty for less than one year in support of a contingency operation.

For those who qualify, the 180-day TAMP period begins upon the active duty sponsor's separation. Separating active duty members and deactivating Reservists who are eligible must reside in a TRICARE Prime service area or in an overseas area in which TRICARE Prime Overseas is offered. Beneficiaries eligible for Prime or Prime Overseas during TAMP must enroll or reenroll (if enrolled in a Prime program during the active duty period) at the beginning of the TAMP period. Those eligible for TAMP who do not reside in a Prime area can use TRICARE Standard and Extra or TRICARE Standard Overseas.

For separating active duty members and

deactivating Reserve members, TRICARE Prime coverage during TAMP will be slightly different than it was during the Active Duty service period. During TAMP, beneficiaries are covered as an Active Duty family member and all rules for that beneficiary category apply, including any applicable deductibles, cost shares and copayments.

For more information on TAMP, visit [www.tricare.mil/mybenefit/home/overview/SpecialPrograms/TAMP](http://www.tricare.mil/mybenefit/home/overview/SpecialPrograms/TAMP).

Reserve members may qualify for and purchase TRICARE Reserve Select, or TRS. TRS is a voluntary, premium-based health care plan that is only available when you are a member of the Select Reserve and are not eligible for any other non-premium-based TRICARE health coverage (like when serving on active duty or if covered under the TAMP), or eligible for the Federal Employee Health Benefit Program. To learn more about TRS visit [www.tricare.mil/mybenefit/home/overview/Plans/ReserveSelect](http://www.tricare.mil/mybenefit/home/overview/Plans/ReserveSelect). (AFPN)

# Northern California Reserve Officer Traini

*Story and photo by  
Master Sgt. Wendy Weidenhamer  
349th Air Mobility Wing*

**T**hanks to a Reserve Officer Training Corps graduate, ROTC cadets from four Northern California high schools had a rare opportunity to experience, from the inside of a C-17 Globemaster III aircraft, the Air Force mission at Travis Air Force Base, March 26.

Staff Sgt. Charles Cummings, 301st Airlift Squadron loadmaster, and a previous ROTC cadet at Hiram Johnson

High School, wanted to give the current cadets an opportunity to see first hand the Air Force Reserve in action. Sergeant Cummings' mentor and instructor, Senior Master Sgt. Jim Rost, a tall outgoing man and an Aerospace Science Instructor at HJHS, was accompanying the cadets on this tour.

"I wanted to give them an opportunity to see what we're capable of," said Sergeant Cummings. "It is an opportunity I wish I had had."

The energetic cadets started their day at 8 a.m. with a welcome

briefing from the 301st AS commander, Lt. Col. William Featherston. The 32 students from Vanden High School, Fairfield; Hiram Johnson High School, Sacramento; Armijo High School, Fairfield; and Highlands High School, North Highlands, then boarded a passenger bus—destination Travis flightline.

At the aircraft Sergeant Cummings gave the group a 'walk around' tour of the C-17 exterior. The group then filed through the aircraft entrance, found a seat and strapped into the fold down troop seats along the walls and waited



# ing Corps cadets 'reach new heights'

for the action to begin.

It didn't take long for that action to begin as the crew, made up of two pilots and one loadmaster, demonstrated combat capabilities of the C-17. Among them, the aircraft's ability to take off and also land in a short distance and to backup and offload cargo while taxiing for take off, all to the cheers and 'the wave' by the watching cadets.

Once in the air there were also opportunities to see their C-17 refuel from a KC-10 Extender tanker aircraft also from Travis and to see the sites from 25,000

feet through its circular windows.

"This is awesome and fun," said 2nd Lt. Ali Fahat, a ROTC cadet and senior at Vanden High School. "I love the feeling of weightlessness and watching all the things this aircraft can do."

"This has been very exciting," said Staff Sgt. Salomon Carranza, a ROTC cadet and a freshman at Hiram Johnson High School, who also has dreams of becoming a pilot. "I like how the crew takes the time to answer our questions about the aircraft."

The announcement to prepare for landing was given by the

loadmaster and the cadets buckled into their seats one last time. Eyes still wide with the excitement of the flight, the students waited for the landing. But one person remained calm and a perfect roll model. Showing his confidence in the abilities of the Air Force Reserve, Senior Master Sgt. Jim Rost leaned back, closed his eyes and rested as the aircraft was landing, the perfect end to a perfect flight, and a perfect "photo op" as the students crowded around to take photos of their mentor.



# 101 Critical Days of Summer safety campaign

With the summer months rapidly approaching, it is the perfect time to present some safety tips for the 101 Critical Days of Summer. Most of you know that the 101 Critical Days of Summer begins on Memorial Day weekend and lasts until the end of the Labor Day weekend.

The 349th Air Mobility Wing commander, Col. Maryanne Miller, has set forth a goal of zero mishaps for this potentially hazardous time of year. To reach that goal, we must all take on a "safety" frame of mind to prevent mishaps by using Operational Risk Management in all activities whether personal or professional. This process will only take a few minutes to complete mentally and can identify the dangers of the task you will be performing consequently; you will decrease the possibility of a mishap during that task or event.

Spring and summer are awesome in the state of California and present exciting opportunities to those who enjoy some type of outside activity - but you need to keep a few things in mind to be safe while having a good time.

One popular outdoor activity is riding motorcycles, and the 101 Critical Days find many veteran and novice motorcycle riders venturing out to enjoy that nice long ride to relieve some stress. All military members that own motorcycles are encouraged to have them inspected annually to ensure they are tuned up and ready for the open road. Please note that Travis Air Force Base, in coordination with the active duty safety office, has motorcycle safety programs for the beginner as well as the experienced rider. If you need refresher training please sign up for one of those safety courses. Remember when you are riding, to have all the required personal protective equipment. California state law requires motorcycle riders wear a helmet.

If you belong to a riding club and your

group decides to go for a long ride, remember the buddy system. By watching out for each other and being aware of the traffic around you, you can help prevent a mishap from occurring. And remember automobile drivers don't always see motorcycles. If you would like more information on the program, call the 349th Wing Safety office at (707) 424-2587.

For those of you, who own boats and will venture to the lakes and the delta this summer, ensure you thoroughly inventory and inspect required safety equipment on board. You may find yourselves receiving a surprise inspection from the U.S. Coast Guard or other civilian law enforcement agencies that patrol the waterways.

Here are some safety tips/equipment to look for:

- Floatation devices for all individuals
- Flares
- First aid kits available
- Boat is registered with the state
- Understand the rules of waterways

Here are some hazards associated with boating:

- Sinking due to taking on water from a damaged hull
- Capsizing due to exceeding the limit of people or equipment
- Hypothermia, dehydration, sunburns or drowning
- Loss of control, collisions, capsizing or running aground due to excessive speed or unfamiliar surroundings
- Intoxication, impaired judgment, unnecessary boat maneuvering

Here are some tips for preparing for any summer trip:

- Check the weather, road conditions in advance and plan your drive accordingly
- Check your vehicle—tires, fluids, windshield wipers, fuel, etc.
- Drive defensively—be prepared for the unexpected such as road construction or strolling wildlife around that next turn.
- Keep road rage caged
- Ensure that you get plenty of rest before traveling; fatigue is the number one killer in motor vehicle accidents
- Take spare parts and tools with you on an extended trip
- Pack some extra items to sustain life if you are stranded such as food, water,

clothing, etc.

Driving under the influence of alcohol or drugs is a criminal offense, not only in civilian life, but can negatively impact your military career as well. Your driving privileges will be suspended or revoked, thus impairing your ability to do your part to support the Air Force mission and could even end your military career.

Here is some information that you may not be aware of:

- Operating a boat while under the influence of alcohol is considered drunk driving
- Operating a bicycle while under the influence is also considered drunk driving
- Refusal of a blood, breath or urine test can result in immediate suspension of driving privileges for up to one year
- Your vehicle can be impounded and sold; profits will go to the county or city
- If you are in an accident and someone is fatally injured, you face criminal charges, in addition to the drunk driving charges
- You will also lose all base driving privileges for one year
- You will receive punitive action from the Air Force with reduction of rank, forfeiture of pay and allowances
- Blood alcohol content is .08 or more.

Air Force wide, this is one of the leading causes for mishaps during the 101 Critical Days of Summer. We encourage you, if your activities involve alcohol, to please have a designated driver. If you are too intoxicated to drive (or have had any alcohol) call a friend, first sergeant, etc., to get a ride home. We want every part of our military family to be safe and sound.

These are just some of the major areas where mishaps may occur during the 101 Critical Days of Summer. Remember, whether you are on leave, vacation or just your scheduled days off, have fun on your adventure. But it cannot be stressed enough, utilize risk management to make your outdoor activities memorable, fun, but most importantly, safe!

*(Editor's note: article compiled from 349th and Air Force Reserve Command safety materials.)*



# Employer Appreciation Day application 2008

## Employer Information

EMPLOYER:            Mr.                    Ms.                    Mrs.                    Dr.                    Other:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Employer's Title: \_\_\_\_\_

Company Name: \_\_\_\_\_

Employer's Home Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Person to be Notified in Emergency: \_\_\_\_\_

Employer's Emergency Phone: (    ) \_\_\_\_\_  
(Area Code and Number)

**Note:** An Air Force Certificate of Appreciation will be prepared for each employer using the name you provide. Please insure that the name above is clearly legible and correctly spelled so the certificate is correct when presented by the Commander.

## Sponsoring Reservist Information

Reservist Rank: \_\_\_\_\_ Unit Assigned: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Job Title: \_\_\_\_\_ Phone: Duty \_\_\_\_\_

Reservist's Home Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Home (    ) \_\_\_\_\_ Work (    ) \_\_\_\_\_

**Note:** An orientation flight is offered to employers pending approval by higher headquarters and is subject to cancellation. Space is limited; one employer per reservist. Reserve members may accompany their employer if space is available.

## Employer Appreciation Day dates

**JUN 21 -- Maintenance Group: Point of contact is Senior Master Sgt. Steven Kopf, (707) 424-0912**  
**-- Medical Group: Point of contact is Master Sgt. Felipe Nuno, (707) 424-1643**

**AUG 9 -- Operations Group: Point of contact is Lt. Col. Jeanine McAnaney, (707) 424-0908**  
**-- Mission Support Group: TBD, (707) 424-3737**

### Privacy Act Statement:

**Authority:** 10 U.S.C. 8013

**Principal Use:** Use of individual's home address/phone is required to contact, coordinate, and/or provide participation details for Employer Appreciation Day events.

**Routine Use:** Log and track employers and their participation.

**Disclosure:** Voluntary - home address/phone is required to contact employers regarding their Employer Appreciation Day participation.

**UNIT VACANCIES**

AFSC	AFSC Title	Grade	#	AFSC	AFSC Title	Rank	#
11M2A	Mobility Pilot, C-5	Officer	1	3C051	Comm Computer Sys	SSgt	2
11M3A	Mobility Pilot, C-5	Officer	1	3E052	Electrical Power Production	SSgt	3
11M3K	Mobility Pilot, C-17	Officer	5	3E291	Pave & Const. Equip	SMSgt	1
12M3Y	Mobility Navigator	Officer	1	3E452	Liquid Fuel Systems Maint	SSgt	1
1A051	In Flight Refueling	SSgt	2	3E771	Fire Protection	MSgt	1
1A151	Flight Engineer	TSgt	2	3E851	Explosive Ord Disposal	SSgt	2
1A251	Aircraft Loadmaster	SSgt	9	3E891	Explosive Ord Disposal	SMS/CMSgt	1/1
1A271	Aircraft Loadmaster	MSgt	1	3E951	Readiness	SSgt	1
1C351	Command Post	SSgt	1	3P051	Security Police	SSgt	2
1N071	Operations Intelligence	TSgt/SMSgt	1/1	3P051B	Sec Forces/Combat Arms	SSgt	3
21R3	Logistics Readiness	Officer	3	3S251	Education & Training	SSgt	3
2A551J	Aerospace Maint, C-5	SSgt	14	41A3	Health Services Admin	Officer	5
2A551L	Aerospace Maint, KC-10	SSgt	3	44M3	Internist	Officer	3
2A571	Aerospace Maint	TSgt/MSgt	2/1	44R3B	Diagnostic Radiologist	Officer	1
2A651A	Aerospace Propul, Jet Eng	SSgt	3	44Y3	Critical Care Medicine	Officer	3
2A652	Aerospace Ground Equip	SSgt	7	45A3	Anesthesiologist	Officer	1
2A654	Aircraft Fuel System	SSgt	1	45B3	Orthopedic Surgeon	Officer	1
2A655	Aircraft Hydraulic System	SSgt	2	46F3	Flight Nurse	Officer	1
2A672	Aerospace Ground Equip	TSgt/MSgt	1/2	46N3	Clinical Nurse	Officer	7
2A690	Aircraft Systems	SMSgt	1	46N3E	Clinical Critical Nurse	Officer	1
2A751	Aircraft Metals Tech	SSgt	2	48A3	Aerospace Medicine Sp	Officer	1
2E153	Ground Radio Comm	SSgt/TSgt	1/2	48A3	Aerospace Medicine Sp	Officer	1
2E153	Ground Radio Comm	MSgt	1	48R3	Diagnostic Radiologist	Officer	1
2T251	Air Transportation	SrA/SSgt	17/11	48A3	Aerospace Medicine Sp	Officer	1
2T271	Air Transportation	TSgt/MSgt	1/1	4A171	Medical Material	SSgt	1
2T291	Air Transportation	SMSgt	2	4N091	Aerospace Medical Svc	MSgt/SMS	1/1
32E3G	General Civil Engineer	Officer	2	51J3	Judge Advocate	Officer	1
32E3H	EOD Engineer	Officer	1	8C000	Family Readiness	TSgt	1

For more information about these vacancies, go to <https://www.afpc.randolph.af.mil/afpcsecure/MainMenu.asp>.

**PROMOTIONS**



**Chief Master Sergeant**

Michael E. Delgiacco, 70th ARS



**Senior Master Sergeant**

Brian L. Newman, 70th ARS  
Daren D. Whitaker, 349th CS



**Master Sergeant**

Michelle A. Austin, 82nd APS  
Jesus R. Garza, 945th AMXS  
Asil J. Ingram, 82nd APS

Ranja L. Shaffer, 349th EMS  
Jeffrey A. Stetson, 349th CS



**Technical Sergeant**

Nelson J. Almanzor, 349th AMDS  
David C. Cumming, 55th APS  
Nicholas J. Dukes, 349th AMW  
Darnell Green, 349th AMDS  
Mark A. Haynes, 349th CES  
Jesse Muniz, 349th CES  
Christopher P. Teacher, 82nd APS  
David O. Thompson, 82nd APS  
Marcia A. Tyler, 349th MAS  
Timothy W. Woodall, 349th MDS  
**(Promotions effective April 1, 2008)**



**Staff Sergeant**

Wilfred J. Abejo, 349th EMS  
Fausto X. Alvaradobayas, 349th LRF  
Stephen N. Collins, 70th ARS  
Clinton M. Dichoso, 349th EMS  
Joshua A. Dombrowski, 749th AMXS  
Ramil F. Flores, 82nd APS  
David P. Hernandez, 349th MAS  
Ninh T. Nguyen, 349th EMS  
Dyanne T. L. Sebastian, 349th MDS  
Danielle R. Williams, 349th AMW



**Senior Airman**

David Hoang, 349th MDS

## AFPC offers 24/7 customer service

Airmen's dedication to completing the mission may cause them not to take proper care of their personnel records and other vital career actions. They just may not have the time to visit their local military personnel flight. They also may be deployed or stationed in an area with no MPF available.

The answer to this problem is located at the Air Force Personnel Center at Randolph Air Force Base. The 24-hour Air Force Contact Center here employs a tier system to help Airmen update their personnel information from a computer or a telephone any time of the day.

The first step in the tier is to visit the AFPC "Ask" Web site at <http://ask.afpc.randolph.af.mil>. The Web site contains a wealth of personnel information and services that would have been available only at a MPF in the past.

But if a visit to the Web site doesn't answer a person's question, they can call 800-616-3775, where a customer service representative will answer their call. (AFPN)

## AF introduces new civilian training form

The Air Force has introduced the Standard Form 182, which was recently released by the Office of Personnel Management. Air Force civilians now have a vehicle in their inventory that can effectively steer them toward their individual training goals.

Whether it's an advanced clerical course, a motor vehicle operating class or one of hundreds of other critical courses and training conferences, the SF-182 is the mechanism that can put civilians' training needs in motion.

Besides ease of use, another factor behind OPM mandating use of the form was to give government agencies the ability to enter training data in the Enterprise Human Resource Integration system, which is a tool initiated by OPM to maintain training data and personnel information.

At the base level, training offices currently accept the SF-182 in electronic and in hard-copy forms. Electronic routing, however, is preferred.

The SF-182 can be downloaded at [www.opm.gov/forms](http://www.opm.gov/forms). Air Force members can use blocks in the basic information, course data, and cost and billing sections to meet their specific needs. Although not required, military members can also use the form to put their training goals on the fast track. Interested individuals can see their local training program manager for details. (AFPC)

## May is Commissary Awareness Month

Commissaries are an essential part of the worldwide military community, is one of the messages the Defense Commissary Association hopes to deliver to servicemembers every year during Commissary Awareness Month in May.

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a five percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. Shoppers save an average of more than 30 percent on their purchases compared to commercial prices – savings worth about \$3,000 annually for a family of four. A core military family support element, and a



valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

DeCA also holds worldwide case lot sales twice a year – in May and September. The biannual event offers shoppers an opportunity to buy bulk quantities of their favorite products at increased savings, such as canned goods, beverages, paper products, pet supplies, cleaning or laundry products, and in some cases, fresh chicken, pork, beef and produce.

Find out more about Commissary Awareness Month by checking out DeCA's website at [www.commissaries.com](http://www.commissaries.com) for online shopping sprees and other news or by calling the Travis store directly at (707) 437-4004. (DeCA)

### Events schedule for May at the Travis Commissary

May 16: 11 a.m. – 1 p.m. Commissary Celebrates – Asian Pacific Heritage Month

May 16: "Commissary Idol" Singing contest - call store for details

May 16-18: 9 a.m. - 5 p.m. Outdoor MEGA Case Lot Sale

May 16-18: 9 a.m. - 5 p.m. Outdoor MEGA Pacific Seafood Sale

## 349th Wing Alumni Association Reunion

The 34th Annual 349th Reunion Dinner is May 17th, 5 p.m. at the Travis Conference Center.

Plan on a great get-together with a history from the distant past, as well as recent history. No host cocktails begin at 5 p.m. and dinner will be served buffet style starting at 7 p.m.

An evening planned with good food, recognition for the current outstanding 349th Senior Enlisted member, and above all, great company.

Dinner is \$35 per person or \$38 after May 10. Past and active members are encourage to attend and enjoy the evening. The 349th Wing commander, Col. Maryanne Miller will be the guest speaker for the evening.

Anyone interest in assisting with the reunion or if additional information is required, please contact Mr. Steve Bailey, Reunion Dinner chairman at (707) 446-3309 or email: [Alumni349AMW@yahoo.com](mailto:Alumni349AMW@yahoo.com) or by mail at: 349th Wing Association Annual Dinner, P.O. Box 5515, Vacaville, CA 95696-5515.

## Last chance this year to give to AFA

This year's Air Force Assistance Fund's "Commitment to Caring" campaign is winding down. The AFAF campaign ends May 4 so there is little time for Airmen to make a contribution that supports the Air Force's own.

Now in its 35th year, 100 percent of designated AFAF contributions benefit active-duty, Reserve, Guard, retired Air Force members, surviving spouses and families.

As of April 15, this year's AFAF campaign is \$2.2 million short of its \$5.7 million goal. People can contribute cash, check or money order or use payroll deductions to: the **Air Force Aid Society** at [www.afas.org/](http://www.afas.org/); The **Air Force Enlisted Village Indigent Widows' Fund** at [www.afenlistedwidows.org/](http://www.afenlistedwidows.org/); The **Air Force Villages Indigent Widows' Fund** at [www.airforcevillages.com/](http://www.airforcevillages.com/); or the **General and Mrs. Curtis E. LeMay Foundation** at [www.afvw.com/lemay.html](http://www.afvw.com/lemay.html). Contributions to the AFAF are tax deductible.

For more information, visit the Air Force Assistance Fund's Web site at <http://afassistancefund.org/>.



# 349th AMW NCO INDUCTION Ceremony



May 3, 2008  
10 a.m. Hours at Bldg P1

*Military - Uniform of the Day*

*Civilian - Casual Dress*

*See your First Sergeant for more information*

**349th AIR MOBILITY WING  
520 WALDRON STREET  
TRAVIS AFB CA 94535-2100  
OFFICIAL BUSINESS**

## May 26

