

60<sup>TH</sup>  
ANNIVERSARY  
USAF  
1947 - 2007

# CONTACT



Magazine for and about Air Force Reserve members assigned to the 349th Air Mobility Wing, Travis Air Force Base, California

Vol. 26, No. 10

October 2007



## Jay Leno helps Travis celebrate Air Force's 60th Anniversary



**Inside this issue****3-4 Leadership Commentaries**

Wing leadership commentaries share motivational words of wisdom.

**5 Aerial Port participates in joint Patriot Partner exercise**

Recently, four Air Force Reserve Aerial Port Squadrons, including the 45th APS, participated in a joint Patriot Partner exercise in Norfolk, Va.

**6-7 Jay Leno headlines at Air Force 60th Anniversary celebration**

Team Travis showed up in force to celebrate the Air Force's 60th birthday at a military ball on Sept. 14. More than 1,000 airmen, civilians, and distinguished guests commemorated the event at hanger 818, which had been transformed into an elegant ballroom for the gala event.

**8 Survival, evasion, resistance and escape training for all Airman**

Air Force leaders plan to broaden SERE training for all Airmen because the threat of isolation and capture for Airmen supporting the war on terrorism.

**8 News from around the Air Force****9 Franklin Covey class schedule announced**

349th Wing offers Franklin Covey classes to reservists, DOD civilians and spouses. Open registration is offered but class size is limited.

**10 349th Wing recognition - promotions, reenlistments, awards****11 349th Air Mobility Wing unit vacancy announcements****On the Cover**

**Here's Jay:** Team Travis showed up in force to celebrate the Air Force's 60th birthday at a military ball held at Travis Air Force Base, Sept. 14.

More than 1,000 airmen, civilians, and distinguished guests commemorated the event at Hanger 818, which had been transformed into an elegant ballroom for the gala event.

Celebrity guest Jay Leno, host of NBC's Tonight Show, added excitement to the historic birthday bash and made the already desirable tickets even harder to obtain.



Cover photo by Master Sgt. Wendy Weidenhamer, 349th Public Affairs



349th Air Mobility Wing  
Office of Public Affairs  
520 Waldron Street  
Travis AFB, CA 94535-2171  
Office Hours:  
Monday - Friday and UTAs  
7:30 a.m. - 4:30 p.m.  
Phone: (707) 424-3936  
FAX: (707) 424-1672

**Commander**

Brig. Gen. Thomas M. Gisler, Jr.

**Chief, Public Affairs**

Capt. Robin Jackson

**Deputy Chief, Public Affairs**

Ronald C. Lake

**Editor**

Patti Schwab-Holloway

**Public Affairs Staff**

Capt. Tawny M. Dotson

Capt. Kelly D. Gabel

Senior Master Sgt. Marvin Meek

Master Sgt. Wendy Weidenhamer

Technical Sgt. Mary Beth Bemis

Technical Sgt. Tony Castro

Staff Sgt. Meredith Mingledorff

**Contact** magazine is the monthly, authorized publication of the Air Force Reserve's 349th Air Mobility Wing, Travis Air Force Base, California. It is printed under a contract with Folger Graphics, Hayward, California. The contents expressed herein are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. All photographs are U.S. Air Force photographs unless otherwise indicated.

Missing your **CONTACT** magazine? The magazine is mailed each month to the address on file with Personnel Systems. If you aren't receiving your magazine, check with your orderly room or administration section to ensure your address is correct.

# October brings opportunity to learn, recognize, grow

First I would like to bid a fond farewell to the wing command chief, Chief Master Sgt. Trish Thornton, who will move into her new position as 4th Air Force Command Chief at March Air Reserve Base, Calif. She has done a wonderful job for the wing and will be missed very much. I want to thank the Chief for her dedication and commitment to this wing, and most important the steadfast adherence to our Air Force core values. I wish you Godspeed in your new assignment.

And I would be remiss if I did not take this time to recognize our members that are going 'Above and Beyond' their missions and showing the wing and command exactly what beats at the heart of a 349th airman. Technical Sgt. Terry A. Jackson for being selected by Air Force as the 2006 United States Air Force Logistics Readiness Individual and Unit Award Winner in the Air Reserve Component Supply Non-Commissioned Officer of the Year category and Technical Sgt. John S. Kelley, Jr., as the 2006 United States Air Force Logistics Readiness Individual and Unit



Award Winner in the Air Reserve Component Fuels Non-Commissioned Officer of the Year category. I want to congratulate both of you for striving for excellence and being recognized as the best of the best.

This month is full of 349th hosted events beginning with the Wing Enlisted Workshop Oct. 17-19. Followed by the 349th AMW Annual Awards Ball held at the Delta Breeze Club on Oct. 19th. Lt. Gen. John A. Bradley, Air Force Reserve Command commander, will be the guest speaker. The Air National Guard Band will help us dance the night away. Make plans to attend and congratulate our award winners. It should be a fun-filled evening. See your First Sergeant for all the details. To cap off the month we are hosting the AFRC Human Resource Development Council 101 and 201 workshops Oct. 22-24.

Our wing has been making significant progress on lowering delinquent government travel card debts. We have exceeded the command's goal of 2.00 percent and are currently at 1.67 percent. We are the number-one large wing in AFRC. Keep up the great work!



By Brig. Gen. Thomas M. Gisler, Jr.

And finally, I would like to say "Kudos" to our recruiters for exceeding the command goal this year and for getting our wing 100 percent manned. Air Force Reserve Command's goal was 8,000 and the command assessed 8,427 new members. Good job! Keeping this wing manned is a tough job. The "Get One" program is still the best way to bring new members into our reserve family so remember, while you are ambassadors in you local communities look for people like you that want to serve their country. Bring them in and connect them up with our recruiters. They will do the rest and add excellent people to our wonderful family.

As we begin a new fiscal year (with only two UTAs per month) focus on the mission at hand and remember the alternative to sound safety practices is unacceptable! Be an incredible Airman!

## If I forgive, would I not be condoning wrongdoing?

by Chaplain (Lt. Col.) Gregory S. Stringer  
349th Air Mobility Wing

Each day we are all faced with many choices. Some choices are easy, like whether we will eat or drink something that day. We say, "that is a no-brainer decision," nevertheless, it is a choice. But other choices are more difficult, such as will I forgive someone who knowingly and willingly hurts me or someone I know and love? We can struggle with this decision, since our sense of justice and of what is right and



wrong comes to the forefront of our minds. We can find ourselves thinking, "If I forgive that person, would I not be condoning

their wrongdoing?" Yes, this is a struggle for all of us.

Even though this struggle is part of our human condition in this imperfect world, I would suggest to you that the decision to forgive the person who wronged us is the responsible choice and the healthy choice for us. Granted, it is not the easy choice, but it is the right choice. It helps us move forward and find peace for ourselves, releases us from the past hurt and its control over our lives, and frees us up to experience the joy of living with others. Forgiving others, when the hurt is deep and cutting is more of a journey and process, than a quick moment or action. It is good to know that God is there to help us and carry us through this process, so we can forgive and put the hurt to rest. It is helpful to think of this process in relationship to the peeling away of an onion, layer-by-layer, until it is all apart and no longer intact. That is the process of

forgiveness. As we forgive each layer of hurt, it continues us on the road to healing. There is always the temptation to stop and keep the hurt, thinking somehow the wrong-doer will be "punished" by my harboring of the anger or hurt. So it is important to remember the goal of this journey: to let God bring healing into our soul, to be free of this burden that weighs us down, and consumes our energy, thoughts, and perhaps even our physical health. Sometimes we need to ask ourselves, "Is it fair to me to keep wrestling with this hurt and anger and have my life in turmoil, when the wrong-doer is sleeping like a baby in their bed?" Obviously, the answer is, "NO!" That is precisely the time to "stay the course" on the journey to forgiveness and ask for God's help to forgive that person, even if they never say they are sorry for hurting us. It is always important to remember that

(See Forgiveness on Page 11)

# Farewell but not good-bye

**B**ittersweet - being offered the 4th Air Force Command Chief position, sweet; leaving the 349th, which has been my home and family since 1992, bitter. For so long, the message of the 349th and its brilliance has been my mantra to anyone who will listen. You've heard it: 3,400 strong, three weapon systems (four including Communications), four groups, 25 units, 1,000 ARTs, traditional reservists and civilians, personnel working everyday, winning every award out there, both team and individual. We won these awards because each one of you is an awesome "guardian of freedom and justice!" So, it is easy to sing the praises for all of you because your work ethic and performance consistently ROCKs to the tune of "Takin' Care of Business!"

Since the announcement of my departure, many of you have approached me about life lessons I live by and learned over the years, so for my final commentary, I share my top ten with you. Some are repeats; some are new.

1. ABC—Always Be Cool. In the face of adversity and strife, stay focused, clear and calm.

2. Get comfortable with being

uncomfortable. To further life's possibilities and fulfill your potential, get out of your comfort zones.

3. Be graceful and grateful for your blessings. See adversity as an opportunity to grow.

4. Rather than nice, be kind. Accurate feedback is kind. Watering it down to be "nice" is a disservice to others and, ultimately, hurts our mission readiness. Often times, this happens because it's uncomfortable delivering constructive feedback. See #2.

5. Trust and respect are earned. Trust is the foundation for any relationship. Bullies may be obeyed, but not respected.

6. Nobody cares how much you know until you show how much you care.

7. Social "grease" is important. Delivery of the message is key to it being heard. You may be the "sharpest knife in the drawer" with incredible information to share, but if you have the personality and sensitivity of a rock, no one will listen.

8. Stay relevant by being fit, staying informed and furthering your education (at the very least).

9. Be about it! Along with your complaints, bring solutions.

10. Rather than talking all the



**By Command Chief Master Sgt.  
Patricia A. Thornton**

time...LISTEN and give others your undivided attention - and don't fake it; it's so easy to pick up on that. This will mean turning away from the computer, ignoring your phone and PDAs and not allowing interruptions (if possible.)

As you all know, I could go on and on, but I'll stop there. Please know that you, the 349th, will always be in my heart. I will continue to serve you to the best of my ability, just at a different level. Thanks to my family, Nick and Katie, Brigadier General Gisler and Cleo, Colonel Millmann and Jane and all of you, my 349th family. Keep on "takin' care of business, everyday!" I have never been so proud to serve as I have in this position as your Command Chief. I wish you all the fruits of the spirit; love, joy, peace, patience, goodness, kindness, gentleness, humility and self-control. May God bless you all.



courtesy photo

**Greetings from the desert:** Just last month, Maj. Roger Law, commander, 945th Aircraft Maintenance Squadron, and Senior Master Sgt. Philip Hallstrom, production supervisor, 349th AMXS, met up and took this picture to send their greetings from the corner of "Proud to be an American Blvd." and "Wishing I Was Anywhere But Here Circle," Balad.

# Aerial Port participates in joint Patriot Partner exercise

Story and photo by Capt. Kelly Gabel  
349th Public Affairs

Four Air Force Reserve aerial port squadrons, including the 45th APS here, participated in a joint Patriot Partner exercise with two Navy reserve units in Norfolk, Va., recently.

Originally, the two-week exercise held at the naval air station was exclusively for Air Force reservists, but in the past couple of years, it has become a joint endeavor. In fact, this year was the first year the exercise was operated under a Navy commander.

“This exercise is invaluable,” said Lt. Cmdr. Kevin Parker, exercise commander. “It gives our reservists real-world experience in the day-to-day running of an operational aerial port. We’re learning how to pick up on the best of how both the Navy and the Air Force operate and create a cohesive system that works and I would be proud to serve with everyone here.”

During the exercise, the reservists took command of all mission aspects of the Norfolk Air Mobility Command terminal, which is the only Navy-operated AMC terminal.

“Employing all of the logistics involved in bringing a group of almost 200 people together at a host location is an exercise in itself,” said Capt. Thomas Lessman, 45th APS exercise deputy director. “The added ability to put our people into action right away, gives both the Air Force and the Navy confidence that when they mobilize these specialists, they’ll know exactly what to do when activated in an unfamiliar environment.”

The reservists were able to step in and assume control from their full-time counterparts in just three days. In addition to the daily mission requirements, many of the participants underwent classroom training for certification on certain mission-essential vehicles and procedures such as the 60K ramp transport vehicle and the electrical transfer vehicle.

“This is both an operational exercise and a training evolution so there’s a lot going on at one time,” said Lt. Cmdr. Thomas Harwell, exercise operations officer. “Being positioned in the largest naval installation in the world gives us the chance to utilize some unique pieces of equipment.”

Mission centers that make up the

terminal include:

**Cargo & Special Handling:** Driving forklifts into the bellies of 18-wheel trucks to pull out supplies, checking manifests to make sure what was ordered was delivered and ensuring goods are serviceable and sorting them by type are only some of the activities you’ll find if you visit the cargo work area. Once it’s all accounted for and the destination route is known, items are built onto pallets designed to interlock like puzzle pieces into aircraft cargo holds for safe transport. It’s like a well-organized hive – there’s so much activity going on at one time and everyone is intently focused on their portion of the action.

Two pallets of watermelons, bulging mail bags and ammunition are examples of cargo that falls to the special handling team. However, the most important responsibility special handling has is the transport of human remains.

“We take care of them, our brothers and sisters in arms, until we get them home,” said Capt. Trent Spencer, 94th APS exercise Air Terminal Operations Center officer.

**Ramp:** Once the pallets are built, they belong to the ramp specialists who are responsible for transportation to and from the flightline and loaded or unloaded from aircraft. Each pallet can support 10,000 pounds of cargo, so having the ability to interlock pallets in order to support heavier items like Humvees is vital. Moving pallets this heavy takes unique equipment and special training on vehicles like the 60K – which as its name suggests can move up to six fully-loaded pallets. Communication and trust are some of the more vital skills being honed during this exercise.

“We often work in extreme temperatures with large aircraft, large pieces of equipment, thousands of pounds of cargo lifted sometimes 30 feet in the air – and we have to get it all lined up within inches to get it loaded or unloaded correctly and safely,” said Capt. Spencer. “Safety is always our largest concern and since our margin for error is so small, we rely on each other greatly.”

**Passenger Services:** Walking into passenger services is like coming into a commercial airport. There’s a security checkpoint, check-in counter, cafeteria and two jet ways.

“We perform every function commercial terminals provide,” said Senior Master Sgt.



Senior Airman Jezza Calderon, 45th Aerial Port Squadron, unloads cargo from the 60K transport vehicle during Patriot Partner exercise, Norfolk, Va., recently.

Todd McCammon, 45th APS exercise passenger services superintendent. “We’ve really been able to integrate with our Navy and civilian counterparts and we’ve all been able to learn from each other and work well as a team.”

During the exercise the team processed more than 3,100 passengers traveling to and from locations around the globe.

**ATOC:** The ATOC is the central nervous system of the whole operation. “We monitor flights, safety, security, personnel, customs and immigration, load planning and all of the others sections,” said 2nd Lt. Raymond Ng, 70th APS exercise ATOC officer. “We’re known as the problem solvers, but one of the most important functions we serve is as a communication hub. We make sure all sections are updated about mission status – so if there’s a problem in cargo, we’ll let passenger services know a flight may be delayed.”

There were two prominent themes echoed by the participants when asked what they were finding most beneficial about the exercise – getting to work on real-time missions and being in a joint service environment.

“There’s always been a lot of stereotyping and misconceptions that exists between all services that can make people uncomfortable about serving together,” said Chief Master Sgt. Claude McKenzie, 94th APS exercise superintendent. “Those walls will be gone for these guys if they find themselves deployed in a joint environment and the adjustment period will be significantly shorter because they have this positive experience under their belts.”

# Jay Leno headlines at Travis' U.S. Air Force

by Technical Sgt. Mary Beth Bemis  
349th Public Affairs

A seamless blend of past and present, camouflage and sparkle, Team Travis showed up in force to celebrate the Air Force's 60th birthday at a military ball held at Travis Air Force Base, Sept. 14.

More than 1,000 airmen, civilians, and distinguished guests commemorated the event at Hanger 818, which had been transformed into an elegant ballroom for the gala event.

Celebrity guest Jay Leno, host of NBC's Tonight Show, added excitement to the historic birthday bash and made the already desirable tickets even harder to obtain. For the lucky individuals able to secure the hot seats, a beautiful night of food, fun, and laughs was secured.

Smartly paraded, the colors followed the official party. With the click of the Honor Guard stepping in perfect time attendees stood to a beautiful rendition of the Star Spangled Banner sung by Senior Airman Blaire Sieber of the 22nd Airlift Squadron. Chaplain Leon Page of the 60th Air Mobility Wing Chaplain's Office delivered an invocation that recognized the troops both here and abroad.

Master Sgt. Paul McCullough, 349th Travis Honor Guard trainer and member, read poetry of military sacrifice coupled with Adagio for strings, the tribute filled the room in warm emotion waves, a reminder and a toast to brothers and sisters at arms who continue fighting for freedom as others celebrate here at home.

"There is no better place to spend a great evening than with Team Travis and our community partners," said Brig. Gen.

Thomas Gisler Jr., commander, 349th Air Mobility Wing. Welcoming all, he spoke of Travis history and heritage.

"Not only is Travis the Gateway to the Pacific, but it is now the largest aerial port in the United States. We have a proud history and provide the best rapid airlift and air mobility throughout the nation. Tonight we are gonna rock this place from wall to wall and celebrate the great men



Brig. Gen. Thomas M. Gisler, Jr., 349th Air Mobility Wing commander and Col. Steve Arquette, 60th AMW commander, present celebrity guest Jay Leno, host of NBC's Tonight Show, with some mementos in appreciation to his continuing support of all military members at the Team Travis' 60th Air Force Birthday at a military ball held at Travis Air Force Base, Sept. 14.



# Force 60th Anniversary celebration

and women of this great base!” said General Gisler.

“The Air Force has always been forward thinking,” said Col. James Pavlisin, vice commander, 15th Expeditionary Mobility Task Force. “We need to celebrate the past and keep our eyes firmly fixed on the future,” he added.

Col. Richard McClain, vice commander, 615th Contingency Response Wing,

pumped up the crowd by asking, “Team Travis are you out there!?” Breaking out in a roar the group responded to the colonel who spoke with a smile about how the mission in the Air Force is now much more expeditionary and lessons learned are the very reason for the newly formed 615th CRW here at Travis.

As guests enjoyed the buffet dinner prepared by the 60th Services Squadron and the 349th Memorial Affairs Squadron, the Band of the Golden West played a musical tribute and highlighted the many different accomplishments of the Air Force throughout its sixty years. Big band swing like “Jump, Jive and Wail” were followed by the theme song to M.A.S.H., a 1970s television show that depicted life for U.S. troops in Korea during the Korean War.

As each piece was played a narrator read news and other facts highlighting Air Force history from the Army Air Corps to our present day air and space force.

The pageantry continued after dinner with the ceremonial cutting of the cake by the most senior and most junior Airmen in attendance. This time-honored tradition symbolized the cooperation between the ranks and represents the past, present, and

future of the Air Force.

Col. Steve Arquette, commander, 60th AMW, welcomed Jay Leno to the stage. Laughter and the occasional groan resounded throughout the hangar as Mr. Leno related personal experiences, insights, and comments about world events. As he completed his monologue, the nightly playing of “Taps” began playing across the base-wide notification speakers. “I know I didn’t kill ‘em tonight, but I didn’t think I was that bad,” Mr. Leno joked.

Jay Leno, who has entertained troops abroad with the USO, closed by saying, that everyone made a “big deal” that he was there. “You are the big deal, not me,” Mr. Leno said to the audience. “Helping people laugh is what I do to do my part,” he said. “People seem to like it, but hey, you guys are the heroes.”

As a token of gratitude, Mr. Leno was presented a 60th Wing bomber jacket, embossed with his name. Visibly moved, Leno quickly removed his suit jacket and donned the gift. The evening’s program concluded with a rousing version of the Air Force song.



# SERE training to be required for all Airmen

Air Force Chief of Staff Gen. T. Michael Moseley met Aug. 10 at the Pentagon with several Air Force leaders to discuss the road ahead for survival, evasion, resistance and escape training.

Air Force leaders plan to broaden the focus of SERE training for all Airmen due to the threat of isolation and capture for Airmen supporting the war on terrorism.

"As we've seen recently, the capture of military personnel has the potential of exploding into a larger strategic event with global impacts," General Moseley said. "Today's battlefields are non-linear and non-contiguous; their shape and venue change constantly. I worry we've not prepared our Airmen for the world we're operating in."

In today's ever-changing world, Airmen increasingly find themselves in a non-traditional environment outside the wire. SERE training teaches Airmen principles, techniques and skills to survive in any environment, avoid capture, resist and escape if captured.

SERE training is currently conducted on

three levels. All Airmen receive entry-level, or A-level, training. B-level is provided to those with a moderate risk of capture and C-level is reserved for those with a high risk of capture. B- and C-level training is provided primarily to aircrew members, those traditionally in higher risk duties.

Col. Bill Andrews, a speaker at the summit, was an F-16 pilot flying his 35th mission in the final stages of Operation Desert Storm when he was shot down, captured and spent time as a POW.

"An Airman captured faces grave moral and physical challenges," Colonel Andrews said. "My training gave me a gut understanding that I was still at war and not in a time-out. My SERE training at the Air Force Academy, 14 years earlier, was clear as a bell, giving me the confidence to not break in the face of the enemy."

In addition to aircrews, advanced SERE training currently is provided to battlefield Airmen, those with the responsibility for combat control, pararescue, tactical air control and combat weather.

"This is a great day. For the first time in history, we're talking about preparing all

Airmen in the total force to deal with the increasing threat of isolation and capture," said Chief Master Sgt. John Myers, SERE career field manager.

"With the issues we've addressed at this summit, we've taken a great step forward in facing this ultimate challenge that confronts our Airmen who fall into enemy hands," Colonel Andrews added.

General Moseley's new initiative will be to incorporate SERE training throughout the Air Force.

"We need to inject these skills across the entire force," General Moseley said. "Whether deployed for combat operations, stationed overseas or even in the continental United States, there are persistent threats to all Airmen. We must ensure every Airman is properly trained to deal with these threats. From the moment Airmen report for initial training until they separate or retire, we must train them to ensure they return with honor." (AFPN)



## NEWS BRIEFS

### Annual Combined Federal Campaign

The 2007 Combined Federal Campaign runs now through Dec. 15. Last year, federal employees and military personnel donated more than \$271.6 million to the CFC. Contributions can be in cash, check or by payroll deduction.

The CFC was established in 1961 and is the largest workplace charity campaign in the country. This annual fall fund-raising drive allows nearly 4 million federal employees and military personnel to contribute to thousands of local and national nonprofit organizations.

On average, one in four federal employees or their dependents will benefit from the CFC charities this year alone, according to CFC officials. Donors may designate which charities receive their money by filling out a pledge card.

Check with your unit CFC project officers for more information or visit the CFC web site at: [www.opm.gov/cfc](http://www.opm.gov/cfc) <<http://www.opm.gov/cfc>>. (AFNEWS)



### Wing Enlisted Workshop scheduled

The 7th Annual 349th Air Mobility Wing Enlisted Workshop will be conducted from 7:30 a.m.-4:30 p.m., Oct. 17-19 in the 349th Aerial Port Squadron, Bldg. 921.

The theme for this year's event is "Make It Happen!"

The WEW's focus is on the leadership development of our junior enlisted through mentoring and providing career-impacting information.

This year's guest speakers include the Air Force Reserve Command's commander, Lt. Gen. John Bradley, and AFRC's Command Chief Master Sgt. Troy McIntosh.

It will be a Total Force audience with attendees and speakers from active duty Air Force, Army, Navy, Coast Guard, Marines, Air National Guard, Army National Guard, reservists, and civilians.

If you'd like to volunteer to help, please contact Chief Master Sgt. Holly DiDomenico at (707) 424-2931 or email her at [holly.didomenico@travis.af.mil](mailto:holly.didomenico@travis.af.mil). If you'd like to attend, please contact your unit's First Sergeant.

### TSP access changes this month

The Thrift Savings Plan began using account numbers to improve individual account holder security effective this month. Account holders will use their account number and TSP web password to log into the TSP Web site or the ThriftLine.

TSP officials sent a letter to all participants in August advising of this change.

For more information visit the Air Force Personnel Center web site at: [http://ask.afpc.randolph.af.mil/main\\_content](http://ask.afpc.randolph.af.mil/main_content). (AFPC)

### Mandatory briefing for returning Airmen

The Travis Reintegration Group conducts mandatory briefings for Travis Airmen returning from deployments of 30 days or more from 8-10 a.m., on Mondays, Wednesdays and Fridays in the David Grant Medical Center auditorium.

For more information please call Maj. Rod Grunwald, 349th Logistics Readiness Flight, at (707) 424-1629.

# Franklin Covey class schedule

The 349th Air Mobility Wing is proud to present the newest Franklin Covey class schedule. We are offering Focus; Achieving Your Highest Priorities along with the Myers Briggs Type Indicator, Seven Habits of Highly Effective People and the *Seven Habits Maximizer* course. All the classes are open to reservists, DOD civilians, and spouses. Approvals from a supervisor and Senior Art or Unit Commander are required before signing up for any class. We offer open registration, however, class size is limited so it is best to sign up as early as possible. Classes are to be taken in order.

To sign up for a class, please complete the attached registration form or contact Lt. Col. Wilfried Link by phone at (707) 424-4783, DSN 837-4783, by email at Wilfried.Link@travis.af.mil, or visit the Performance Planning office which is located in 349th Wing Headquarters, Bldg. 228.

Course descriptions are:

**Focus: Achieving Your Highest Priorities** - Focus is the first course in the Covey series. This course teaches productivity skills integrated with a powerful planning system that helps employees clarify, focus on, and execute their highest priorities-personally and professionally.

**Seven Habits of Highly Effective People** - Offered to anyone who has taken Focus. A four-day course developed by Dr. Stephen Covey that teaches you how to develop habits of effective personal and interpersonal leadership. It illuminates the differences between effective and ineffective people. It contains key ideas and application exercises designed to enhance the use of the seven habits.

**Seven Habits Maximizer** - The Maximizer workshop is a new one-day follow-up to our Seven Habits workshop. It is a great renewal session that is recommended 60-90 days after the initial experience and is focused towards application.

**Myers Briggs Type Indicator** - This is a half day class that has been added to all of the Focus classes and is also offered as a stand alone class for anyone who already has attended the Focus class. The MBTI assessment identifies an individual's personality preferences. It will assist you in understanding individual differences and uncovering new ways to work and interact with others.

**Special Notes:**

- You will receive confirmation via email along with a registration form that must be completed and returned to hold your seat in the class.
- The registration form will request credit card information so we may order your course materials. You may use your government travel card or a private credit card for the cost of the materials. Spouses must use their own credit card.
- The course materials will be reimbursed on your travel voucher.
- Civilians may use your unit's Government Purchases Card.

## Course Schedule

- |                  |                               |                |                               |
|------------------|-------------------------------|----------------|-------------------------------|
| • October 25-26  | <i>Focus/MBTI</i>             | • April 15-18  | <i>Seven Habits Signature</i> |
| • November 15-16 | <i>Focus/MBTI</i>             | • May 15-16    | <i>Seven Habits Maximizer</i> |
| • December 11-14 | <i>Seven Habits Signature</i> | • June 19-20   | <i>Focus/MBTI</i>             |
| • January 24-25  | <i>Seven Habits Maximizer</i> | • July 22-25   | <i>Seven Habits Signature</i> |
| • March 13-14    | <i>Focus/MBTI</i>             | • August 21-22 | <i>Seven Habits Maximizer</i> |

### Franklin Covey Registration Request form

Rank: \_\_\_\_\_ Name: \_\_\_\_\_ Unit: \_\_\_\_\_

Email: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Duty Phone: \_\_\_\_\_

Title of class you would like to attend: \_\_\_\_\_

Date you would like to attend: \_\_\_\_\_ Alternate date to attend: \_\_\_\_\_

Date you obtained approval from your supervisor, Senior ART or Unit Commander: \_\_\_\_\_

Please return this form by Fax at (707) 424-1610 or drop it off at 349th Wing Headquarters, Performance Planning office.

**PROMOTIONS**



**Senior Master Sergeant**

John C. Steger, 349th CS  
 Rene C. Viado, 349th MAS  
 Michael Yuen, 945th AMXS



**Master Sergeant**

Pedro M. Agcanas, Jr., 45th APS  
 Conrad S. Fromme, 349th CES  
 Jasmine M.C. Siu-Cain, 349th CS



**Technical Sergeant**

Jill F. Bullock, 349th AES  
 Jason I. Grott, 349th ASTS

Friederich T. Hairston, 749th AMXS  
 Ronald J. Mactal, 349th CES  
 Jeremy S. Morton, 349th AES  
 Jesus G. Ortega III, 349th CES  
 Amie J. Rutten, 82nd APS  
 Susan Szymanski, 312th AS  
 Sarah L. Torres, 349th MSS  
 Keith R. Wright, 349th MDS



**Staff Sergeant**

Raiz S. Abdul, 349th CES  
 Muhammed Arif, 349th CES  
 Camilla J. Asuncion, 301st AS  
 Christina M. Floyd, 349th ASTS  
 Kenneth E. Hansen, 45th APS  
 Erwin S. Hufana, 349th ASTS  
 Mosheem M. Khan, 349th CES  
 Mihaly Kriston, Jr., 749th AMXS  
 Camie E. Larson, 349th ASTS  
 Joe E. Love, Jr., 349th SFS  
 Kevin A. Lugo, 349th CS  
 David A. Mathis, 945th AMXS  
 Matthew F. McCoy, 349th CES

Leslie Ann Phillips, 312th AS  
 Michael C. Roberts, 349th SFS  
 Shawn D. Ruth, 349th MOF  
 Raymond E. Segura, 349th AMXS  
 Ebony T. Soy, 349th AMDS



**Senior Airman**

Jared M. Booth, 349th AES  
 Patrick A. Burress, 349th CMS  
 Anthony P. Marco, 349th CMS  
 Christalia S. Miller, 82nd APS  
 Josh C. Smithers, 349th SFS  
 Aaron W. Spencer, 70th ARS  
 Adam B. Wetherell, 349th CES  
 Colby J. Wilson, 349th SFS



**Airman First Class**

Janet D. Montemayer, 349th ASTS  
 Anthony L. Wilder, 45th APS

All promotions effective Sep. 1, 2007



**CAPTAIN RESULTS**

NAME	UNIT	EFF DATE
Michael D. M. Arimboanga	349th SFS	1-Oct-07
Steven F. Bans	70th ARS	24-Sep-08
John E. Beadle	349th AES	17-Dec-07
Andrew J. Edwards	349th AMW	27-Nov-07
Nicholas E. Herald	349th OSF	2-Jun-08
Daniel P. Hildebrandt	70th ARS	31-Oct-07
Christopher D. Hill	82nd APS	30-Jul-08
Shane M. Lynch	349th CES	31-Oct-07
Charles Marquez	55th APS	25-Jun-08
Luci A. Mattson	349th ASTS	1-Oct-07
Jeffrey N. Purificacion	312th AS	1-Oct-07
Elizabeth F. Quinnwilber	349th MDS	3-Oct-07
Joyce S. Ronan	349th ASTS	20-Nov-07



**1ST LT PROMOTIONS**

NAME	UNIT	EFF DATE
Jennifer D. Drummond	301st AS	17-Feb-08
Ryan T. Ochsner	301st AS	16-Dec-07
Vincent V. Singh	349th MDS	2-Jan-08

**UNIT VACANCIES**

<b>AFSC</b>	<b>AFSC Title</b>	<b>Grade</b>	<b>#</b>	<b>AFSC</b>	<b>AFSC Title</b>	<b>Rank</b>	<b>#</b>
11M3A	Mobility Pilot, C-5	Officer	2	3E052	Electrical Power Prod	SSgt	1
11M3K	Mobility Pilot, C-17	Officer	7	3E451	Utilities System	TSgt	1
1A071	In-Flight Refueling	TSgt	2	3E472	Liquid Fuel Sys Maint	TSgt	1
1A151	Flight Engineer	SSgt	3	3E651	Operations Mgmt	SSgt	1
1A251	Aircraft Loadmaster	SSgt	3	3E851	Explosive Ord Disposal	SSgt	4
1N071	Operations Intel	TSgt/SMSgt	1/1	3E891	Explosive Ord Disposal	SMSgt	1
1T071	Surv, Evas, Resist & Esp	TSgt	1	3E891	Explosive Ord Disposal	CMSgt	1
21R3	Logistics Readiness	Officer	2	3E951	Readiness	SSgt	1
2A551J	Aerospace Maint, C-5	SSgt	10	3M051	Services	SSgt	1
2A551L	Aerospace Maint, KC-10	SSgt	11	3S051	Personnel	SSgt	2
2A553A	Intergrated Avonics Sys	TSgt	1	41A3	Health Services Admin	Officer	3
2A573A	Intergrated Avonics Sys	TSgt	1	42G3	Physician Assistant	Officer	1
2A571	Aerospace Maintenance	TSgt	2	43H3	Public Health	Officer	1
2A573A	Intergrated Avonics Sys	TSgt	1	42G3	Family Physician	Officer	2
2A651A	Aerospace Propul, Jet Eng	SSgt	10	44M3	Internist	Officer	5
2A654	Aircraft Fuel System	SSgt	2	44Y3	Critical Care Medicine	Officer	1
2A655	Aircraft Hydraulic System	TSgt	1	45A3	Anesthesiologist	Officer	1
2A656	Aircraft Elect & Envir Sys	SSgt	2	45B3	Orthopedic Surgeon	Officer	1
2A656	Aircraft Elect & Envir Sys	SSgt	2	46F3	Flight Nurse	Officer	4
2A656	Aircraft Elect & Envir Sys	SSgt	2	46N3	Clinical Nurse	Officer	3
2A672	Aerospace Ground Equip	TSgt/MSgt	1/2	46N3	Clinical Nurse	Officer	3
2A675	Aircraft Hydraulic Sys	TSgt	1	46N3E	Clinical Critical Nurse	Officer	2
2A751	Aircraft Metals Technology	SSgt	2	47G3A	Dentist, Comprehensive	Officer	1
2A753	Aircraft Stuctural Maint	SSgt	1	48A3	Aerospace Medicine	Officer	2
2E151	Satellite/WB Comm Equip	SSgt	1	48R3	Diagnostic Radiologist	Officer	4
2E153	Ground Radio Comm	SSgt/TSgt	1/3	4A131	Medical Material	SrA	1
2E173	Ground Radio Comm	MSgt	1	4A151	Medical Material	SSgt	2
2T251	Air Transportation	SrA/SSgt	8/18	4H071	Cardiopulmonary Lab	TSgt	1
2T351	Spec Veh & Equip Maint	SSgt	1	4N051	Aerospace Medical Svc	SSgt	1
32E3G	General Civil Engineer	Officer	1	4N091	Aerospace Medical Svc	MSgt	3
3E051	Electrical Sys	SSgt	1	5J071	Paralegal	SSgt	1

For more information about these vacancies, go to <https://www.afpc.randolph.af.mil/afpcsecure/MainMenu.asp>.

**REENLISTMENTS/NEWCOMERS**

**Master Sgt. Anthony T. Allen**  
349th Aeromedical Staging Squadron

**Technical Sgt. Joshua A. Bryant**  
945th Aircraft Maintenance Squadron

**Technical Sgt. Joseph K. Houston**  
349th Communications Squadron

**Technical Sgt. Eduardo V. Lemi, Jr.**  
945th Aircraft Maintenance Squadron

**Technical Sgt. Brandon M. Williams**  
312nd Airlift Squadron

**Staff Sgt. Lisa Annette Brannan**  
349th Logistics Readiness Flight

**Staff Sgt. Rodney Troy Jackson**  
79th Air Refueling Squadron

**Senior Airman Christopher P. Hefner**  
349th Security Forces Squadron

**Airman First 1st Class Larizza Faye**  
349th Aeromedical Evacuation Squadron

**Airman First 1st Class Akarie Zoey Quewon**  
349th Logistics Readiness Flight

**Airman Basic Kristina Anne Moody**  
349th Medical Squadron

**Forgiveness...**

*(Continued from Page 3)*

forgiveness is not saying the wrong action was okay or right. It is letting the wrong be a wrong. But it is also being willing to let God help us move forward in our healing and not let the person keep on hurting us, "in the quiet of the night" even when we are far away from the person. Even when separated by days, months, and even years from the incident of hurt. The decision to forgive others when they hurt us and to forgive ourselves for our parts in the hurts of life, truly is the responsible and healthy choice for each of us to make. I am confident that as you make the journey with God's help and the help from those He places around you, you will see healing within your soul, your burden will be lifted, and you will learn valuable lessons. Even out of the hurt, He will protect your soul and keep you filled with God's joy, peace, forgiveness, and love.

Remember that your chaplains stand ready to help you on the journey of life and on the pathway to forgiveness. God Bless you all!

# 349th Air Mobility Wing's Annual Holiday Food Drive kicks off

**T**he 349th Wing's Annual Holiday Food Drive begins this month. This year's drive will run Oct.-Dec. The non-perishable food collected from the members of our Wing will be donated to Mission Solano, Fairfield, Calif.



Mission Solano provides shelter, food and clothing to homeless individuals and families in our surrounding area. They also sponsor programs to "get people off the streets and to become self-sustaining and healthy members of society."

The 349th Chaplain's office is the point of contact for this project. The Chaplain Team will be coordinating with Mission Solano to have donation bins delivered to a variety of locations within our Wing's work areas. If your Squadron would like a bin in their work area, please contact the 349th Chaplain's office at (707) 424-0308. Thanks for your help to care for those in need.

**349th AIR MOBILITY WING  
520 WALDRON STREET  
TRAVIS AFB CA 94535-2100  
OFFICIAL BUSINESS**

**PRESORT FIRST CLASS MAIL  
U.S. POSTAGE PAID  
HAYWARD, CA  
PERMIT NO. 3335**

## Oct. 23-31



*A week when millions of our American population wear a red ribbon to show that our young people and our adults are united for a drug-free society.*

### What Can We Do?

Wear a red ribbon during this week of celebration to show your support. Get involved in positive activities with young people during Red Ribbon Week. Volunteer at Red Ribbon events at local schools.

For more information on Red Ribbon week or to get additional information on how to help, visit the DoD web site at: [www.defenselink.mil/specials/drugawareness/rrweek](http://www.defenselink.mil/specials/drugawareness/rrweek).

